

| | MONDAY | | | | | TUESDAY | | | | | WEDNESDAY | | | | | THURSDAY | | | | | FRIDAY | |
|-------|-----------|---|---|--------------|-----------------|-------------|---|---|---|---|-----------|---|---|---|------------|------------|-------------|-----------|------------|------|-----------------|------------|
| | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1-2 | |
| 9:00 | | | | | | | | | | | | | | | | | | | | | | |
| 9:15 | | | | | | | | | | | | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | | | | | | | | | | | | |
| 9:45 | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | | | | | | | | | | 10:00-10:45 | |
| 10:15 | | | | | | | | | | | | | | | | | | | | | Ages 3-5 | |
| 10:30 | | | | | | | | | | | | | | | | | | | | | Ballet/Jazz/Tap | |
| 10:45 | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | | | | | | | | | | | |
| 11:15 | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | | |
| 11:45 | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | | | | | | | | | | | |
| 12:15 | | | | | | | | | | | | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | | | | | | | | | | | | |
| 12:45 | | | | | | | | | | | | | | | | | | | | | | |
| 1:00 | | | | | | | | | | | | | | | | | | | | | | |
| 1:15 | | | | | | | | | | | | | | | | | | | | | | |
| 1:30 | | | | | | | | | | | | | | | | | | | | | | |
| 1:45 | | | | | | | | | | | | | | | | | | | | | | |
| 2:00 | | | | | | | | | | | | | | | | | | | | | | |
| 2:15 | | | | | | | | | | | | | | | | | | | | | | |
| 2:30 | | | | | | | | | | | | | | | | | | | | | | |
| 2:45 | | | | | | | | | | | | | | | | | | | | | | |
| 3:00 | | | | | | | | | | | | | | | | | | | | | | |
| 3:15 | | | | | | | | | | | | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | | | | | | | | | | | | |
| 3:45 | | | | | | | | | | | | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | | | | | | | | | | | 4:00-4:30 | |
| 4:15 | | | | 4:15-5:00 | | | | | | | | | | | | | | | | | Creative Mvmt | |
| 4:30 | | | | Rookie | 4:30-5:00 | | | | | | | | | | 4:30-5:30 | 4:30-5:15 | 4:30-5:15 | | | | 4:30-5:15 | |
| 4:45 | | | | Ballet/Jazz | Creative Mvmt | | | | | | | | | | Junior III | Pre-Junior | Rookie | | | | 3-5 Year Old | |
| 5:00 | | | | 5:00-5:45 | 5:00-5:45 | | | | | | | | | | C-Ballet | Ballet | Ballet/Jazz | | | | Ballet/Jazz/Tap | |
| 5:15 | | | | Rookie | 3-5 Year Old | | | | | | | | | | | | 5:15-6:00 | | | | 5:15-6:00 | |
| 5:30 | | | | Hip Hop | Ballet/Jazz/Tap | | | | | | | | | | | | 5:30-6:30 | 5:30-6:15 | Pre-Junior | Mini | 5:30-6:15 | Rookie Tap |
| 5:45 | | | | 5:45-6:45 | 5:45-6:45 | | | | | | | | | | | | 5:30-6:30 | 5:30-6:15 | Pre-Junior | Mini | 5:30-6:15 | Rookie Tap |
| 6:00 | | | | Junior III | Teen | Mini | | | | | | | | | | | 5:30-6:30 | 5:30-6:15 | Pre-Junior | Mini | 5:30-6:15 | Rookie Tap |
| 6:15 | 6:15-7:00 | | | C-Ballet | Ballet | Ballet/Jazz | | | | | | | | | | | 5:30-6:30 | 5:30-6:15 | Pre-Junior | Mini | 5:30-6:15 | Rookie Tap |
| 6:30 | | | | | | | | | | | | | | | | | | | | | | |
| 6:45 | | | | | | | | | | | | | | | | | | | | | | |
| 7:00 | 7:00-8:00 | | | Junior III | Teen | Pre-Junior | | | | | | | | | | | | | | | | |
| 7:15 | | | | Pre-Pointe | Jazz | Ballet | | | | | | | | | | | | | | | | |
| 7:30 | | | | 7:30-8:00 | 7:30-8:15 | 7:30-8:15 | | | | | | | | | | | | | | | | |
| 7:45 | | | | Junior C-L&T | Adult | Pre-Junior | | | | | | | | | | | | | | | | |
| 8:00 | 8:00-8:45 | | | 8:00-8:45 | Tap | Jazz | | | | | | | | | | | | | | | | |
| 8:15 | | | | Junior III | | | | | | | | | | | | | | | | | | |
| 8:30 | | | | Pointe | C-Tap | | | | | | | | | | | | | | | | | |
| 8:45 | | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | | | | | | | | | | | | | | | | | | | | | | |
| 9:15 | | | | | | | | | | | | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | | | | | | | | | | | | |
| 9:45 | | | | | | | | | | | | | | | | | | | | | | |

Session
2023-2024

LEVEL KEY:

- Creative Movement
- Mommy & Me
- 18 months - 2 years
- Rookie: 5
- Mini: 6-7
- Pre-Jr: 8-9
- Junior (Jr): 10-12
- Teen: 13+
- Advanced Team Training (evaluation required)

*schedule subject to change